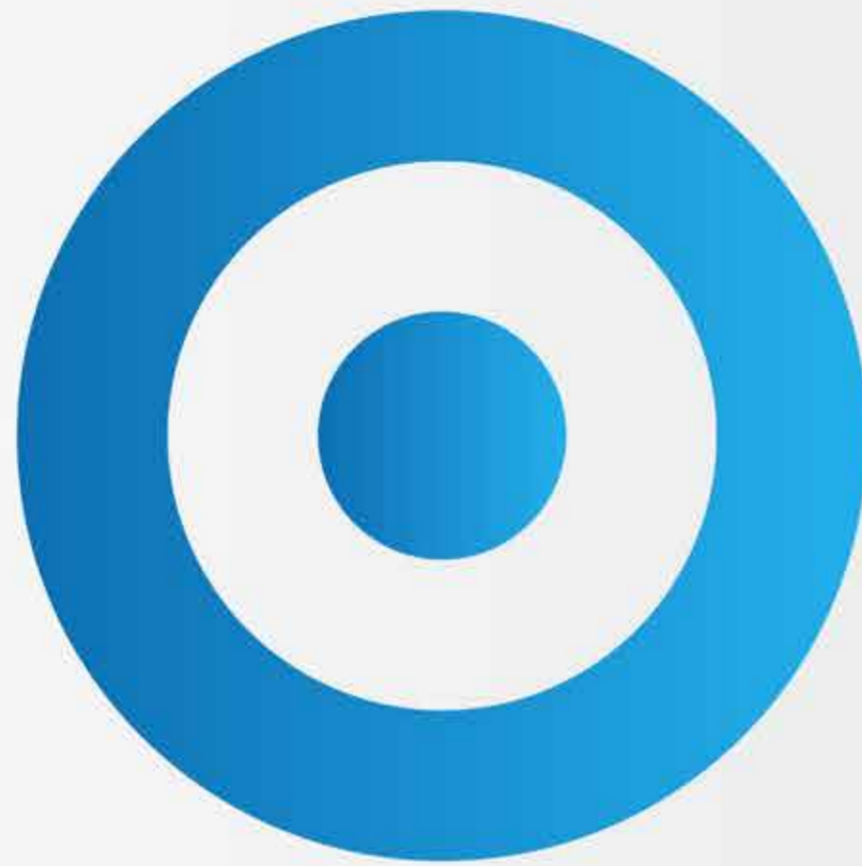# To Goal Or Not To Goal

An anecdote from my stint in Infosys-

We had multiple food court options to have lunch...
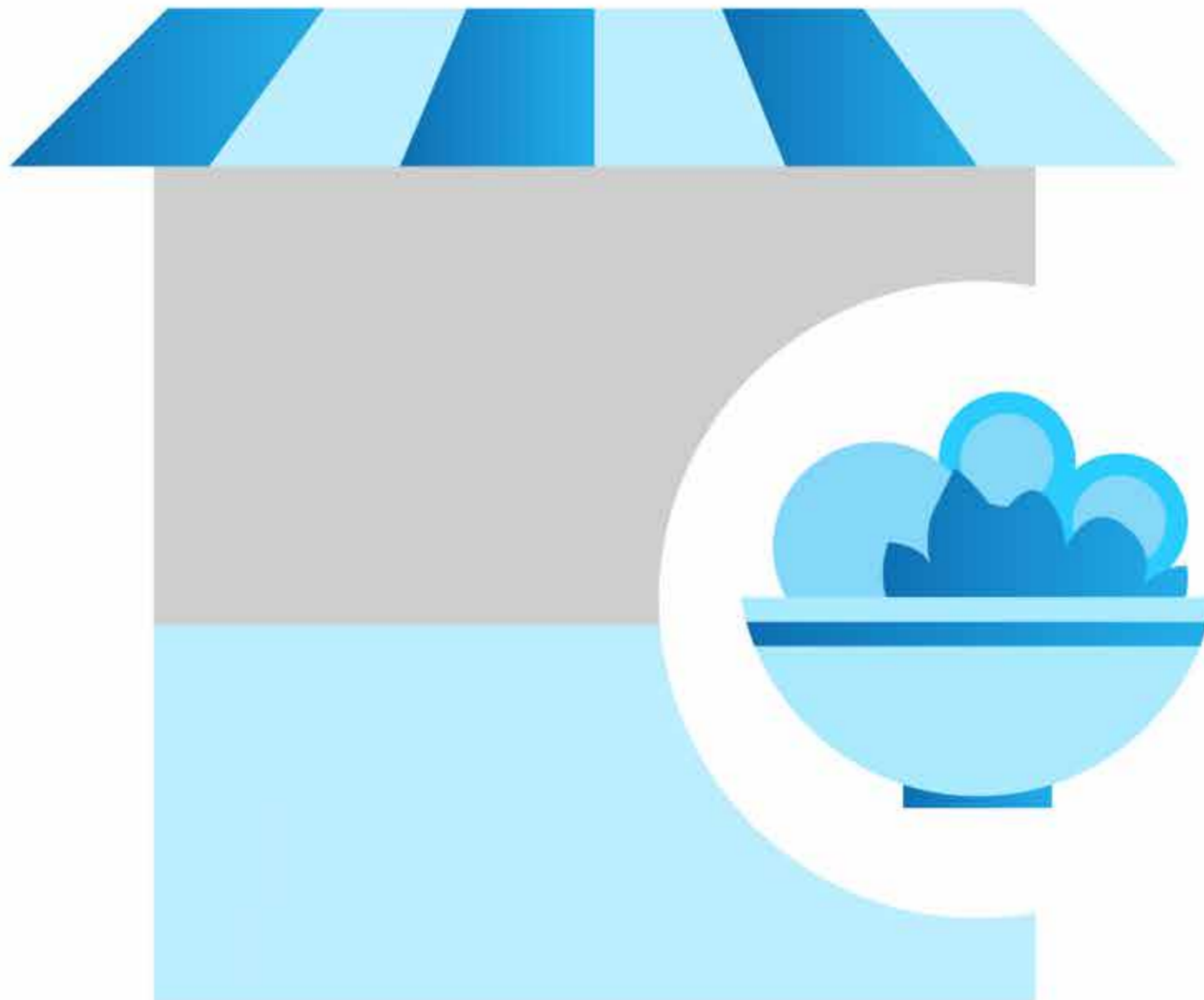
FOOD COURTS

3 of my friends (Friend One, Friend Two and Friend Three) would come back everyday with the **same discussion, same conflict.**

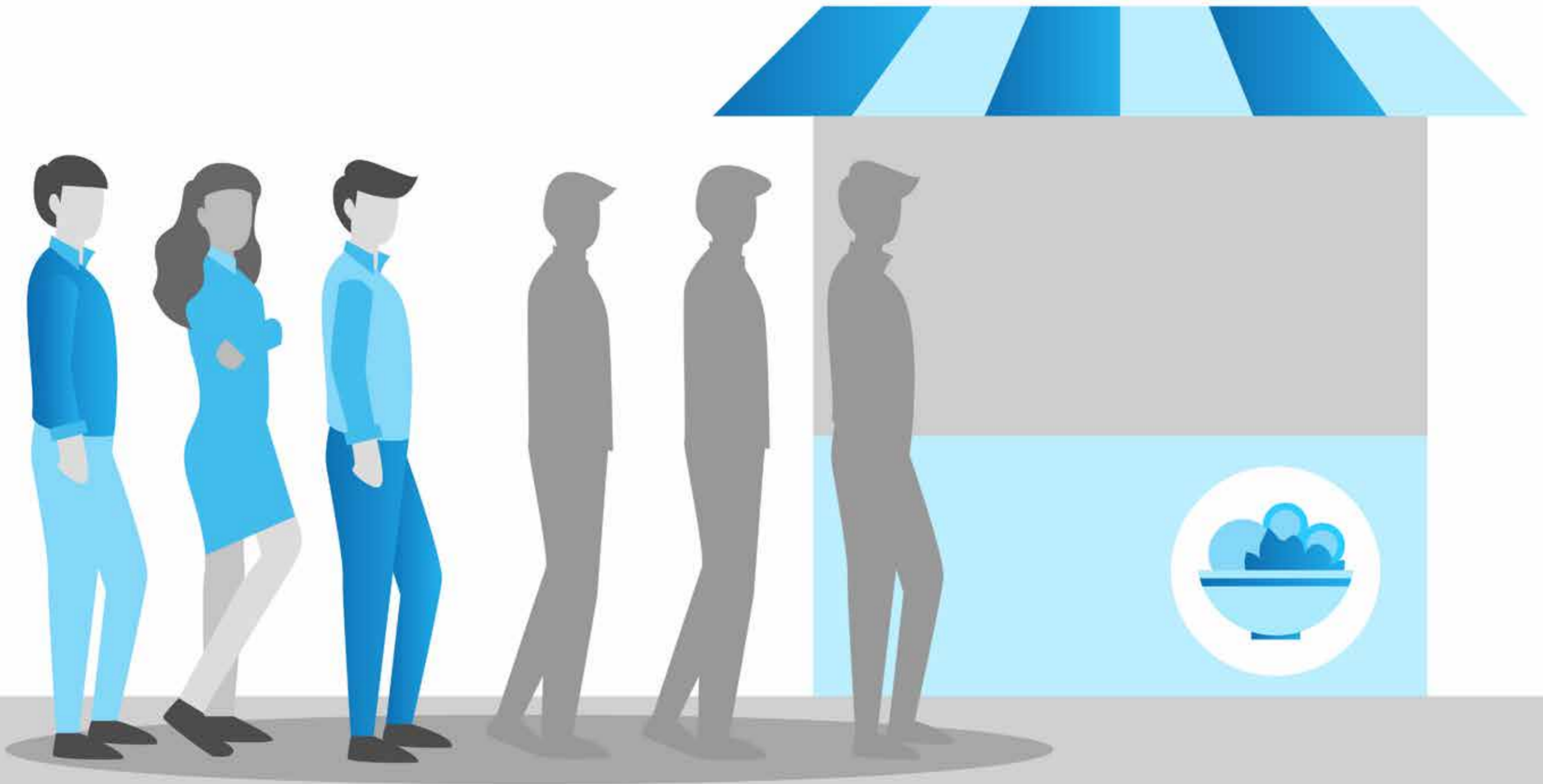They would all go to a particular food court…
Because they liked 'The Healthy Meal'

They would go to a particular food court to specifically have a **healthy meal.**

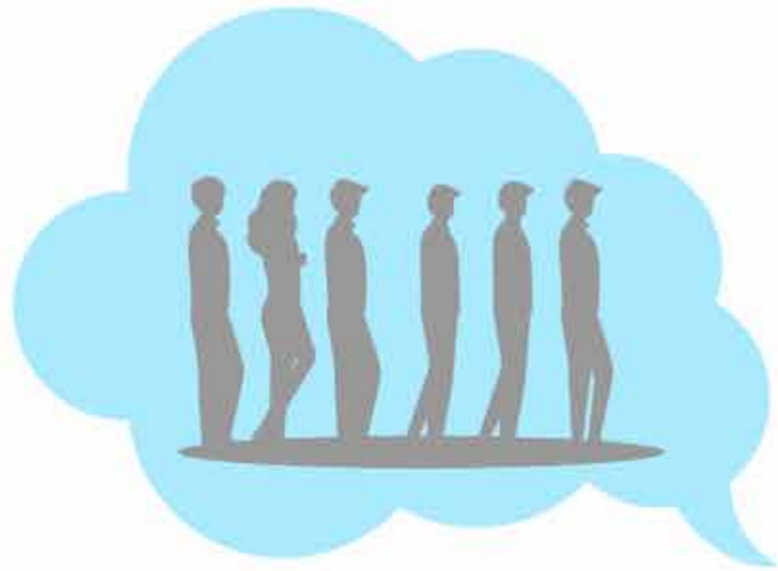They had to buy coupons by standing in the queue and sometimes the queue would be very long.

Irrespective **Friend one** would say lets have 'The Healthy Meal'.

My **Friend Two** would say no because there was a long queue.

Friend One would again try to convince by saying – Our favorite **Healthy meals.**

Friend Two would deny...
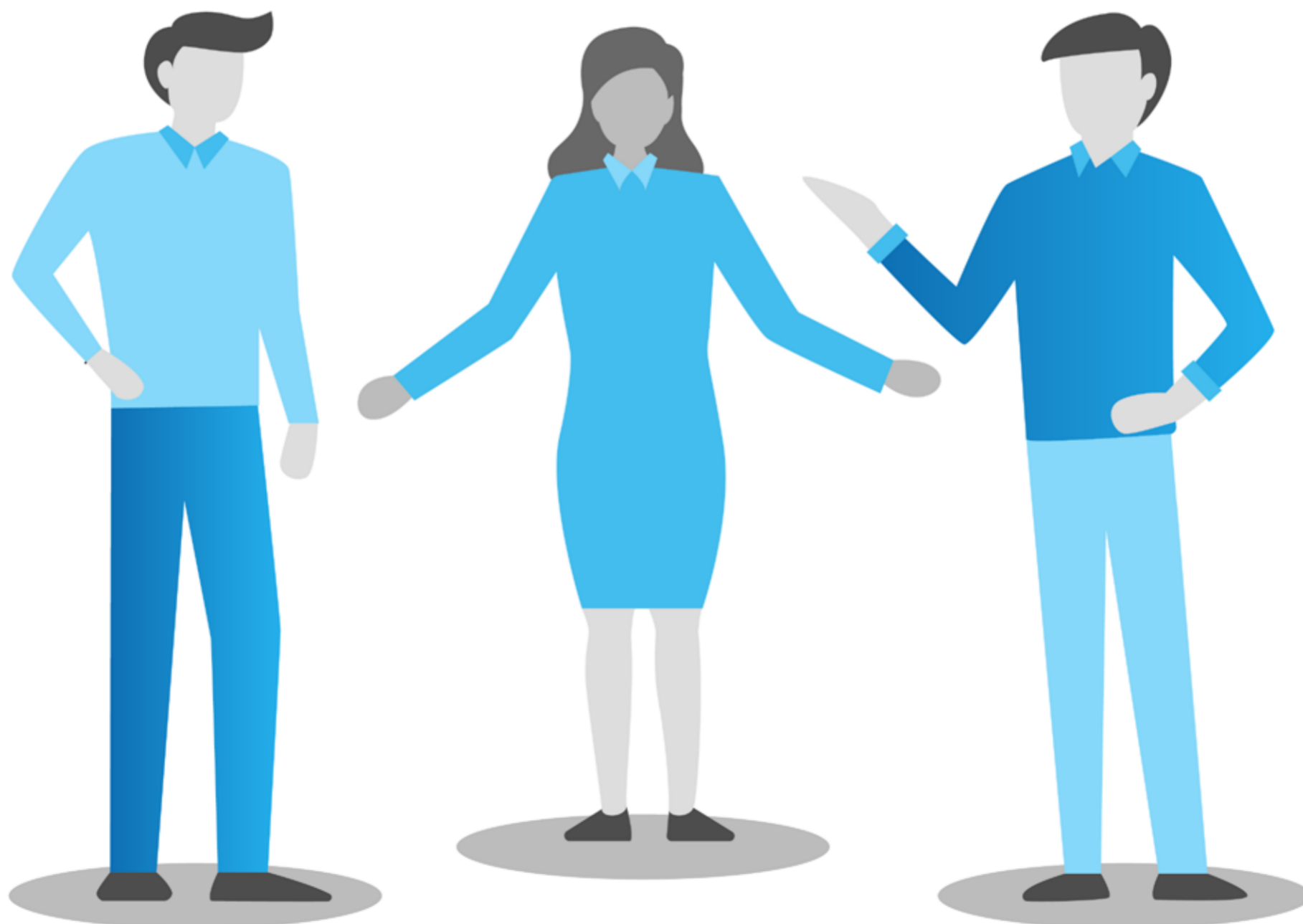There is a **long queue**...lets have some other time

On being asked to Friend Three, who liked 'The Healthy Meal' too, for her opinion.

She would say **anything is fine**.

Its okay to stand in the queue and have it… or its okay to eat something else where there is no queue.

I learnt that individuals see goals differently...
You could see **opportunities** in the Health
Meals like Friend One. You could see **obstacles**
in the long queue like Friend Two.

You could **see nothing or everything**, and
therefore you are fine with anything like Friend
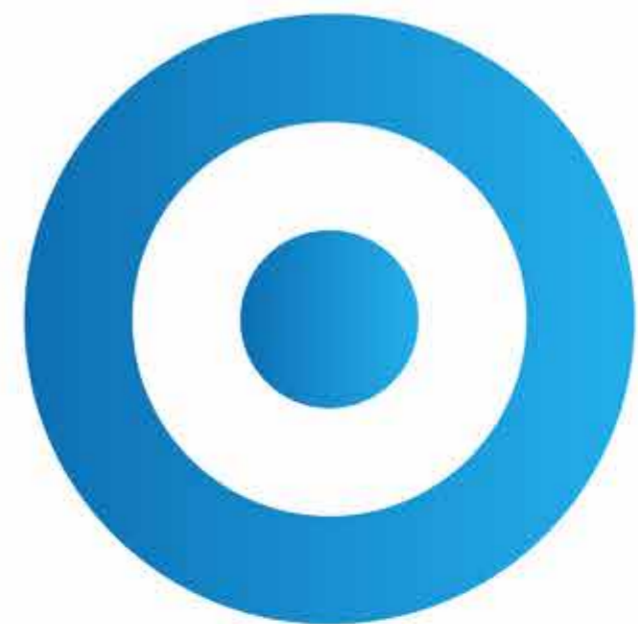Three

OPPORTUNITIES

NOTHING / EVERYTHING

OBSTACLES

**Goal setting** is important...and how you see the goal is important. Some are **goal oriented**, some are **process oriented**. Some are a combination of both.

Its okay whichever category you are in but I suggest, **always have a goal and go for goal**.

**Follow these steps -**

- Write your goals, targets.

- Go about a way (process).

- Stick to the process, evaluate it, better it...until you reach the goal.

- This goal is now just a milestone before you achieve your next goal.

**Author and Sutradhaar -** Ankit Piplani
Instagram link: www.instagram.com/ankitpiplaniofficial

**Designed by -** The Meyend Studio
Instagram link: www.instagram.com/the_meyend_studio

ANKIT PIPLANI